

Courses for *Clinical Mental Health Counseling and School Counseling Specialty Areas*  
(New courses are in **bold**)

**ELH 530 - Loss and Grief Counseling (1 hour)**

This mandated course is designed to offer students the opportunity to understand the beliefs about loss and grief, blockers and interventions. Student will identify the different types of losses. Grief seems to underlie all life experience, and culture and gender influence how we grieve and mourn.

ELH 540 - Human Growth and Development (3 hours)

Cognitive and experiential learning in human growth and development. Cognitive learning through reading and research into developmental patterns of humans through the various developmental stages: birth through geriatrics.

ELH 551 – Substance Abuse Counseling (2 hours)

Basic counseling interventions for prevention, remediation, and treatment of substance abuse.

ELH 584: School for Non-Teachers (2 hours)

Intended for non-teachers seeking Illinois certification for school counselors. This course is a combined survey and field observation experience. Students will learn about the structure, organization, and operation of the U.S. educational system P-12 as exemplified in local school districts. Students will be required to observe in a school 4 hrs. per week.

ELH 586 – Counseling Diverse Populations (3 hours)

Value systems in diverse groups; the use of philosophies and models of diversity in establishing an effective, helping relationship.

ELH 604 – Research Methodology and Applications (3 hours)

Focus on quantitative and qualitative methods of research utilized in the areas of education and social science. Examination of sources of information for research, various designs, basic statistics, interviewing strategies, and observational techniques. Students will learn to critique, research, and write research proposals in their areas of study. *Prerequisite: Graduate Standing. (MUST be taken within the first 12 hours.)*

ELH 606 – Interpersonal Behavior and Organizational Leadership (3 hours)

Skills related to interpersonal communication, organizational behavior, and leadership values clarification with diverse populations. Extensive opportunities for practicing and evaluating personal communication skills. *Prerequisite: Graduate Standing.*

ELH 620 – Human Development Counseling (2 hours)

Counseling as the promotion of human development. Historical development of the counseling field; survey of relevant skills, client populations, and settings; review of standards for ethical and professional practice in counseling.

ELH 621 – Career and Life Planning Across the Life Span (3 hours)

Basic counseling skills for career planning, exploration, and decision-making. Vocational guidance and career development of elementary and high school students; emerging roles of women entering the work force; physically handicapped workers; inner city youth; adult workers making vocational changes in middle life; older workers preparing for retirement.

**ELH 622 - Counseling: Ethics and the Law (1 hour)**

This course provides an advanced exploration of the legal, professional, and ethical dilemmas faced by professional counselors and supervisors. Familiarity and application of the current American Counseling Association Code of Ethics as well as relevant State of Illinois and Federal civil and criminal law will be demonstrated by students.

ELH 623 – Pre-Practicum in Counseling (3 hours)

Instruction, demonstration, practice, and evaluation in basic interviewing and response skills. Emphasis on practice and skill development. *Prerequisite: ELH 620 or concurrent enrollment.*

ELH 624 – Theories and Techniques of Counseling (3 hours)

Study and evaluation of major theories of counseling toward developing a working theory of counseling and understanding of dynamics of human behavior. *Prerequisite: ELH 620 or concurrent enrollment; consent of instructor.*

ELH 625 – Principles of Group Counseling (3 hours)

Group theory and dynamics as applied in group counseling. Group practices, methods, procedures, and group leader facilitation skills. Supervised practice and experience in group counseling as leader and participant. *Prerequisite: ELH 624; consent of instructor.*

**ELH 630 - Psycho-diagnostics, Psychopathology, & Psychopharmacology in Counseling (3 hours)**

This course provides an overview of psycho-diagnostics and psychopathology along with interventions such as psychopharmacology. Basics of psycho-diagnostics, psychopathology and psychopharmacology will be covered. Students will gain a working knowledge of the DSM as a basis of counseling and pharmacological treatments. *Prerequisite: ELH 624*

**ELH 631 - Crisis Intervention Counseling (1 hour)**

This course provides an overview of responses to crises of various types including those that are more individual, those that affect families, and those that have wider impact for entire communities. When these crises occur, normal problem solving methods are typically insufficient to address the level of emotional and social difficulties involved. Practical intervention techniques are practiced and opportunities to observe people in the field are offered.

**ELH 640 - Clinical Supervision in Counseling (2 hours)**

This mandated course is designed to offer students the opportunity to better understand the supervisory process. Evidenced-based supervision (EBS) will be at the core. Students will learn the different models of supervision and a common factors approach.

*Prerequisites: ELH 623 and ELH 624*

**ELH 641 – Appraisal of the Individual (3 hours)**

Development of a framework for understanding the individual. Methods of data gathering and interpretation, individual and group testing, case study approaches, and study of individual differences-ethnic, cultural, and sex factors.

**ELH 651 – Community Counseling (3 hours)**

How communities and community agencies can work to promote human development. Role of the counselor as a change agent and client advocate within the network of community agencies along with an introduction to administration, finance and accountability within mental health organizations. *Prerequisites: ELH 620 or consent of instructor.*

**ELH 653 - Professional School Counseling, K-8 (3 hours)**

Elementary and middle professional school counseling programs, including administration, finance and accountability; cognitive and experiential skills. History and development of school counseling; elementary and middle school education and counseling programs (similarities and differences); group and individual counseling; the counselor's role in school testing; career planning and exploration. Practical experiences. (Area d)

*Prerequisite: ELH 620 or consent of instructor.*

**ELH 654 – Consultation in the Helping Professions (3 hours)**

A conceptual understanding of effective consultation and its relevance to the helping professional. Demonstration of knowledge and skills necessary to deliver effective consultative services within the client setting. *Prerequisites: ELH 620 or consent of instructor.*

**ELH 655 - Professional School Counseling in Secondary Schools (3 hours)**

Secondary professional school counseling programs, including administration, finance and accountability; cognitive and experiential skills. History and development of school counseling; secondary school education and counseling programs (similarities and differences); group and individual counseling; the counselor's role in school testing; career planning and exploration. Practical experiences. (Area d)

*Prerequisite: ELH 620 or consent of instructor.*

**ELH 661 – Couples & Family Counseling (3 hours)**

Theories and techniques of couples and family counseling. Emphasis is on working with couples, families, and children to promote human development, including the role of the family counselor within the network of school and community agencies.

*Prerequisite: ELH 651*

**ELH 663 – Counseling & the Dynamics of Aging (1 hour)**

The mental health dynamics of aging and its impact on the human service professions. Practical skills of gerontological counseling and their relationship to the concerns of aging.

**ELH 669 – Special Education Law (2 hours)**

Statutory provisions of IDEA, Section 504, and ADA. Special education process including classification, identification and evaluation, related services, least restrictive environment, and due process proceedings.

**ELH 690 – Practicum (appropriate to specify) (1 hour)**

An important part of the clinical education for a student majoring in Human Development Counseling is the opportunity to practice counseling skills and integrate these with the theories studied in the classroom. Practicum provides the student with this opportunity.

*Prerequisite: ELH 625; consent of instructor.*

**ELH 691 – Internship I (appropriate to specify) (1-2 hours)**

Individually supervised post-practicum work experience appropriate to student's career goals. A variable credit course that may be repeated to a maximum of 2 credit hours. *Prerequisite: ELH 690; consent of instructor.*

**ELH 692 – Internship II (appropriate to specify) (1-6 hours)**

Individually supervised post-practicum work experience appropriate to student's career goals. A variable credit course that may be repeated to a maximum of 6 credit hours. *Prerequisite: ELH 690; consent of instructor.*